

react
fast
to
small
fires!

- If a fire starts in the oven, turn the oven off and close the oven door. Then call the fire department. If a grease fire starts on the stove top, slide a large pan lid over the fire from the side and cover it. The fire should go out. Never pour water or flour on a grease fire – this will only spread the fire.
- If an oven, grease or microwave fire gets too big to cover or shut the door on, use an ABC-rated fire extinguisher. Store your ABC fire extinguisher on the opposite side of the kitchen from the cooking area and by an exit. REMEMBER, if a fire gets too big to handle, get out safely and call the fire department from a neighbor's telephone.

burn care

- If you or someone else receives a burn, apply cool gently-running water. Do not use ice or butter on a burn! If the skin begins to blister, that means the burn is serious and you should consult a doctor right away.
- Never remove charred clothing. Pulling off charred clothing will likely pull away burnt skin causing further damage. Instead, CALL 9-1-1 OR YOUR LOCAL EMERGENCY NUMBER RIGHT AWAY!

Are you
prepared
for a
FIRE?

Do you...

- CHECK your SMOKE DETECTOR'S batteries every month? REPLACE them at least twice a year?
- have a written ESCAPE PLAN and TWO WAYS OUT of every room in your home?
- conduct EXIT DRILLS in the home (E.D.I.T.H.) and drills at night (D.A.N.)?
- have a SAFE MEETING PLACE OUTSIDE where members of your household go after safely evacuating?

SAMPLE COPY

SKILL
BUILDER®



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Kitchen

FIRE

Safety

Kitchen safety is EASY! Just follow the recipe.

- Keep all cloth and paper products away from heat sources.
- Use elastic bands to keep long hair and loose sleeves from dangling over burners.
- Cook on the back burners when possible. Never put small pots on big burners.
- Turn pot handles inward to prevent them from getting bumped or grabbed.
- Never turn your back on cooking food, not even for a few seconds.

Keeping it SAFE means keeping it clean!

- Clean grease and food off the stove after each use.
- Clean up all spills from the floor to prevent injury.
- Keep counters clean and organized—keep knives away from counter's edge.
- Check exhaust filters for dirt and grease build-up. Clean them regularly.

Know the SETTINGS for microwave safety!

- Use only microwave-safe cooking containers, and be careful when uncovering microwaved dishes. Plastic tops trap scalding hot steam.
- Never put anything made of metal in your microwave!
- If a small fire starts in your microwave, keep the door shut and unplug the microwave from the wall. The fire should go out by itself when it runs out of oxygen.

Stay AWARE of what's in the air!

If a gas burner goes out while you are cooking, turn it off immediately and open a window to prevent a build-up of **POISONOUS** and **FLAMMABLE** fumes. If you suddenly feel ill or dizzy while cooking, **CALL 9-1-1** or your local emergency number right away.

It's ELECTRICAL! Wires cause fires!

To be safe, never use electrical appliances anywhere near water. Electricity can jump! Appliances draw electrical current even when not in use, so unplug your appliances. Make sure outlets stay cool to the touch. Hot outlets mean damaged or faulty wiring. Keep covers on electrical plates and avoid exposed wiring. Do not place wiring under rugs or in high traffic areas—wires need protection. And check those cords! Never use an appliance if the cord is frayed, cut or broken.

Kids and the KITCHEN don't mix!

The kitchen is not a place for young kids. **NEVER COOK WITH A CHILD IN YOUR ARMS.** If children need to be in the kitchen, seat them away from the cooking areas and where you can easily keep your eye on them. If possible, use only back burners and make sure there is no side access to the stove. Turn all pot handles inward, keep the floor and counters clean at all times, and restrict children's access to appliances.

- Let only responsible kids use appliances like the toaster, and only then with **ADULT SUPERVISION!**
- Remember, keep matches and lighters **OUT OF THE REACH AND SIGHT** of children!
- Store chemicals and cleaning products **IN LOCKED CABINETS OR CLOSETS**, away from kids and heat sources. These items are combustible and poisonous!
- Make sure your kids know how to **CALL 9-1-1**, or your local emergency number, **FOR ANY EMERGENCY!** Keep emergency numbers posted by the telephone.

**All
Kitchen
Accidents
Are
Preventable!**